

Menopause Inclusive Resources

The Menopause Foundation of Canada thanks the many women who have shared their menopause and work stories with us. We also recognize the outstanding work of organizations in the United Kingdom who are taking action to create menopause inclusive workplaces and have shared resources publicly. We have taken inspiration from these materials and share links to the organizations and resources.

Evidence-based Sources of Health Information on Menopause

- [The Menopause Foundation of Canada](#)
- [The Canadian Menopause Society](#)
- [The Society of Obstetricians and Gynaecologists of Canada](#)
- [The Menopause Society](#) (formerly known as The North American Menopause Society)
- [The International Menopause Society](#)

Workplace Resources

- [Advisory, Conciliation and Arbitration Service \(ACAS\)](#)
- [Age UK](#)
- [British Standards Institute Menopause Standard](#)
- [Bupa Women's Health Hub](#)
- [The Chartered Institute of Personnel and Development \(UK\)](#)
- [Co-op \(UK\)](#)
- [European Menopause and Andropause Society](#)
- [NHS Employers \(UK\)](#)
- [NASUWT The Teachers' Union \(UK\)](#)
- [Trades Union Congress \(UK\)](#)